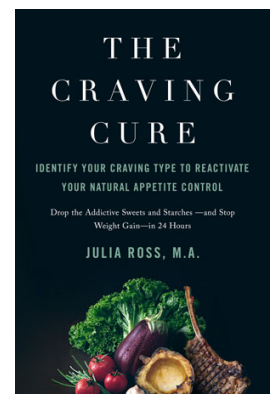


Your Profile Graph

from *The Craving Cure* by Julia Ross

Transfer your total symptom scores for each Craving Type from the Craving Type Questionnaire to the corresponding Profile column. Draw a line across the column where your score falls. See if your scores are above the cutoff score and by how much. Shade in the space below your score. Any score above the cut-off verifies that you have that particular Craving Type. The higher the score above the cutoff line, the more certain it is that you have that particular type of craving and the more severe it usually is, particularly if the Severity ratings tend to be over 3.



	TYPE 1 Depressed Craver	TYPE 2 Crashed Craver	TYPE 3 Comfort Craver	TYPE 4 Stressed Craver	TYPE 5 Fatigued Craver
Max. Possible Score	17	11	15	9	8
	16	10	14	8	7
	15	9	13	7	6
	14	8	12	6	5
	13	7	11	5	4
	12	6	10	4	3
	11	5	9	3	2
	10	4	8	2	1
	9	3	7	1	
	8	2	6		
Cutoff Score	7	4	5	3	3
	6	3	4	2	2
	5	2	3	1	1
	4	1	2		
	3		1		
	2				
	1				
Total Symptom Score					